

Time spent in post-acute rehabilitation in Canada

Language: English only.

Location: Across Canada

Description: Little is known about how much time Canadians with neurological impairments such as spinal cord injury, stroke, brain injury, Parkinson disease, or multiple sclerosis spend in physical rehabilitation outside of inpatient settings. Outpatient, community, or in-home physical or occupational therapy has been shown to improve long-term function and quality of life for these populations, however, there have been reports that physical rehabilitation needs are currently not being met. A recent scoping review completed by our team determined that globally, the amount of rehabilitation received by individuals with neurological conditions living in the community varies greatly, but there were no studies on the Canadian population. The objective of this survey is to determine how much time Canadians with neurological impairments spend in physical rehabilitation outside of inpatient settings, with a secondary objective to begin exploring barriers to receiving these services.

Eligibility:

The survey is aimed towards gathering data of individuals with neurological conditions, including but not limited to:

- spinal cord injury/disease
- multiple sclerosis
- acquired brain injury
- Stroke
- Parkinson's disease

Furthermore, the patients must have received inpatient care in Canada and must be residing in Canada. The study will sample only patients that are no longer in inpatient and acute care. Patients must have been living with the neurological condition for a minimum of one year prior to the date of filling out the survey.

Participant requirements:

The patient population will participate in a cross-sectional survey which will collect demographic data (ex. sex, age, income, province and size of residing city), quantify the hours spent on outpatient rehabilitation treatment, as well as gain qualitative insight on the quality of rehabilitation services in Canada. Participants will complete an electronic survey. The electronic survey will take approximately 10 minutes to complete.

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